

1st Conference
on Orthopaedic Rehabilitation
with International Participation

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Secretary of Orthopaedics and Traumatology Department,
University of Ioannina Medical School

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Supervisors of electronic presentation

Papamichail N.
Lykissas M.

Dear Colleagues,

It is a great pleasure to invite you to attend the 1st Conference on Orthopaedic Rehabilitation with International Participation, which is organized by the Divisions of Orthopaedics and Rehabilitation, Department of Surgery of Ioannina University Medical School. It is also under the auspices of the University of Ioannina, the Hellenic College of Orthopaedic Surgeons, the Hellenic Society for Disabled Children, and the Orthopaedic Rehabilitation Association, USA (ORA).

The meeting will take place at the Amphitheater of the University Hospital of Ioannina on Wednesday October 27th 2010 and in continuation of Visiting Professor's Day of the 'S. Niarchos' Rehabilitation Center on Tuesday October 26th 2010.

The 1st International Conference on Orthopaedic Rehabilitation is addressed to physicians of relevant specialties (Orthopaedics, Paediatrics, Neurology, Intensive Care Medicine, Surgery, Internal Medicine, Physiatry), therapists, orthotists, nurses and students and will include the latest advancements in treatment (operative and non-operative) of Rehabilitative Orthopaedics with holistic approach. Main topics of the Conference are: Cerebral palsy in children, Cerebrospastic disorders in adults, Amputations and Prostheses and Heterotopic ossification. Lecturers will be Greek and international scientists, distinguished in the field of Orthopaedic Rehabilitation.

The meeting will be credited with 6 CME Credits.

We are looking forward to welcoming and hosting you at Ioannina.

Sincerely,

Alexander Beris, MD

Professor of Orthopaedics
University of Ioannina
President of the Scientific Committee

Avraam Ploumis, MD

Assistant Professor in PMR
University of Ioannina
President of the Organising Committee

General Information

Venue

Amphitheater of the University Hospital of Ioannina (Dourouti), Stavros Niarchos Ave, Ioannina 45500, Greece.

Car parking in the hospital's parking area for physicians and visitors.

Website

<http://www.uoi.gr/conferences/orthorehab/>

Language

Greek will be the official language. All slides presentations will be in English. There will be translation from Greek to English for the foreign participants.

Medical Supply and Drug Expo

In the area next to the Amphitheater, medical supplies and drugs will be displayed on Wednesday October 27th (0800-1730) for the participants information.

During lunch break, the FTM functional rehabilitation program of upper extremity will be presented at that area.

Secretariat

Secretariat of the Conference will be open on Wednesday October 27th (0800-1730) in the foyer of the Amphitheater.

Attendance and registration for the meeting will be free. Priority will be given to those who are pre-registered.

An identification card or passport or driving license will be asked for getting wireless translation receivers during the meeting.

Presentations

Speakers and round tables chairmen are asked to submit their presentations to the AV secretary on time. All presentations will be shown by Computer Video Projector.

Scientific announcements

Electronic posters will be displayed on screens outside the Amphitheater. Printers will be available to print scientific papers. The best poster presentation will be awarded with a PosterGenious license.

Transportation

The City of Ioannina has the V. Pyrros airport that is connected directly with Athens airport. Also, Ioannina is 2 hours driving distance from Thessaloniki's Macedonia Airport.

Badges

All participants are kindly asked to wear their badges during the scientific and social program.

Mobile phones-Smoking-Electricity

Mobile phones are not permitted within the amphitheater. Also smoking is not allowed in all hospital's area. The electrical supply in Greece is 220 Volts, AC 50 Hz.

Social Program

Welcome reception: Tuesday October 26th 2010 Grand Serai Hotel

Participation

A certificate of attendance (6 CME Credits) will be provided to the physicians-nurses-therapists-students. The Conference is accredited by the European Accreditation Council for Continuing Medical Education.

Hotels

Grand Serai 5* Tel. (0030) 26510 90550

Du Lac 5* Tel. (0030) 26510 59100

Olympion 4* Tel. (0030) 26510 25888

Epiros Palace 5* Tel. (0030) 26510 93555

Wednesday October 27, 2010

08:30-09:00 Registration-Coffee

09:00 Opening ceremony-Introduction **Avraam Ploumis**

09:00-09:30 Welcoming Addresses

Ioannis Goudevenos - Dean of the University of Ioannina Medical School,

Dimitrios Kostaras - Manager of University Hospital of Ioannina,

Natasa Benga - Board President of ELEPAP Ioanninon,

Georgios Kapetanios - President of HCOS,

Mary Ann Keenan -Board member of ORA,

Alexander Beris - Professor of Orthopaedics University of Ioannina

09:30-11:30 Round table

CEREBRAL PALSY IN CHILDREN

Chairmen: **Ioannis Kyrkos-Ioannis Gelalis**

1. *Etiology-Clinical presentation*
Meropi Tzoufi
2. *Physiotherapeutic approach*
Konstantinos Pappas
3. *Gait analysis*
Dimitrios Metaxiotis
4. *Orthoses-Spasticity management*
Freeman Miller
5. *Soft tissue (tendon releases) procedures*
Nikolaos Laliotis
6. *Bone procedures in lower extremities*
Dimitrios Dimitriadis
7. *Treatment of spinal deformities*
Avraam Ploumis

Discussion

11:30-12:00 Break-Coffee

12:00-13:30 Round table

CEREBROSPASTIC PARALYSIS IN ADULTS

Chairmen: **Georgios Kapetanios - Athanasios Kyritsis**

1. *Acute phase-Surgical treatment*
Spyridon Voulgaris
2. *Chronic phase-Non-surgical treatment-Rehabilitation*
Errietta Pelidou
3. *Soft tissue procedures (tendon transfers) in upper extremities*
Mary Ann Keenan
4. *Soft tissue procedures (tendon transfers) in lower extremities*
Mary Ann Kennan
5. *Bone-joint procedures in lower extremities*
Alexander Beris

Discussion

13:30-14:00 Lunch Break- Workshop (FTM rehab system for upper extremity-F. Liakos Orthopaedic Supplies Co.)

14:00-15:45 Round table

AMPUTATIONS AND PROSTHESES

Chairmen: **Panagiotis N. Soukakos - Michail Fatouros**

1. *Principles of amputation*
Ioannis Kostas
2. *Amputations and salvage procedures of upper extremity*
Marios Vekris
3. *Amputations of pelvis-hip*
Panagiotis Papagelopoulos
4. *Amputations of lower extremity*
Miltiadis Matsagas
5. *Complications of amputations*
Efstathios Lykoudis
6. *Prostheses in upper and lower extremities' amputations*
Simos Katsabrinis
7. *Rehabilitation of amputees*
Helena Lax

Discussion

15:45-16:00 Break-Coffee

16:00-17:15 Round table

HETEROTOPIC OSSIFICATION

Chairmen: **Anastasios Georgoulis - Georgios Nakos**

1. *Etiology -Clinical Presentation-Diagnosis*
Dimitrios Varvarousis
2. *Radiological diagnosis*
Paraskevi Kosta
3. *Non-operative treatment-Timing of surgery*
Byron Chalidis
4. *Physiotherapeutic approach*
Triantafillia Koliniati
5. *Surgical treatment of upper extremity heteretopic ossification*
Anastasios Korompilias
6. *Surgical treatment of lower extremity heteretopic ossification*
Grigorios Mitsionis

Discussion

17:00-17:30 Conclusions-Adjourn- Best poster presentation award
Georgios Kapetanos - Alexander Beris

**Posters will be exhibited on the screen boards
outside the amphitheater**

Foreign Faculty

Freeman Miller, Orthopaedic Surgeon, Professor of Pediatric Orthopaedics, Jefferson University, Alfred Dupont Hospital, Wilmington, DW, USA

Helena Lax, Psychiatrist, Maggee Rehabilitation Hospital, Philadelphia, PA, USA

Mary Ann Kennan, Orthopaedic Surgeon, Professor of Neuro-Orthopaedics, University of Pennsylvania, Philadelphia, PA, USA, Board member of Orthopaedic Rehabilitation Association (ORA)

Round Table Chairmen

Professor Alexander Beris, Orthopaedic Surgeon, University of Ioannina

Professor Michail Fatouros, Surgeon, University of Ioannina

Lecturer Ioannis Gelalis, Orthopaedic Surgeon, University of Ioannina

Professor Anastasios Georgoulis, Orthopaedic Surgeon, University of Ioannina

Professor Georgios Kapetanios, Orthopaedic Surgeon, Aristotle University of Thessaloniki, President of Hellenic College of Orthopedic Surgeons

Professor Ioannis Kyrkos, Orthopaedic Surgeon, Aristotle University of Thessaloniki

Professor Athanasios Kyritsis, Neurologist, University of Ioannina

Professor Georgios Nakos, Intesivist, University of Ioannina

Professor Panagiotis N. Soucacos, Orthopaedic Surgeon, Kapodistrian University of Athens

Greek Faculty

- Professor Alexander Beris**, Orthopaedic Surgeon, University of Ioannina
- Byron Chalidis**, Orthopaedic Surgeon, Intebalkan Medical Center, Thessaloniki
- Dimitrios Dimitriadis**, Orthopaedic Surgeon, Director of Pediatric Orthopaedics Department, 'Mitera' Hospital, Athens
- Simos Katsabrinis**, Prosthetist, Athens Prosthetic Center, Athens
- Triantafillia Koliniati**, Physiotherapist, Intensive care unit, University Hospital of Ioannina
- Assoc. Professor Anastasios Korompilias**, Orthopaedic Surgeon, University of Ioannina
- Paraskevi Kosta**, Radiologist, University Hospital of Ioannina
- Ioannis Kostas**, Orthopaedic Surgeon, University Hospital of Ioannina
- Nikolaos Laliotis**, Orthopaedic Surgeon, Assistant Professor, Aristotle University of Thessaloniki
- Assoc. Professor Efstathios Lykoudis**, Plastic Surgeon, University of Ioannina
- Assoc. Professor Miltiadis Matsagas**, Vascular Surgeon, University of Ioannina
- Dimitrios Metaxiotis**, Orthopaedic Surgeon, 2nd Orthopaedic Department, Papageorgiou General Hospital, Thessaloniki
- Assist. Professor Grigoris Mitsionis**, Orthopaedic Surgeon, University of Ioannina
- Assoc. Professor Panagiotis Papagelopoulos**, Orthopaedic Surgeon, Kapodistrian University of Athens
- Konstantinos Pappas**, Physiotherapist, Hellenic Society for Disabled Children, Ioannina
- Assist. Professor Errietta Pelidou**, Neurologist, University of Ioannina
- Assist. Professor Avraam Ploumis**, Orthopaedic Surgeon, University of Ioannina
- Assit. Professor Meropi Tzoufi**, Pediatrician, University of Ioannina
- Assoc. Professor Spyridon Voulgaris**, Neurosurgeon, University of Ioannina
- Dimitrios Varvarousis**, Orthopaedic Surgeon, PMR Clinic, University Hospital of Ioannina
- Assist. Professor Marios Vekris**, Orthopaedic Surgeon, University of Ioannina

The Organizing Committee of the '1st Conference on Orthopaedic Rehabilitation with International Participation' wishes to express its gratitude to the companies who assisted with their generous sponsorship in the success of this Conference

ΑΡΩΓΗ Α.Ε.

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